

## **ASK YOURSELF HONESTLY**

1. When one partner speaks for his relationship without consulting the other member(s) involved, is this trying to control or run the relationship and it's activities? Is this really healthy?
2. How is an informed family or relationship conscience taken?
3. Why is it necessary that a healthy relationship be one in which the members are equals?
4. How do you feel and react when someone tries to, or dominates in your relationship?
5. Do you have an inherent tendency to dominate people around you? How can you correct this defect of character?
6. Are you someone who is always willing to allow someone else to take control and then complains because you don't like what was done, yet were unable to make a decision yourself.
7. In your relationships, how do you share the responsibilities?
8. What is the difference between suggestions, advice and guidance?
9. Is God or a Higher Power the only authority in your relationship? How

does this Higher Power express Himself to you when making any decisions?

10. Why is it necessary to give the minority opinion an open-minded evaluation in a family conscience?

11. Why is humility a necessary ingredient in applying Tradition II to your relationship?

12. When you find it desirable or necessary to end the relationship, do you honestly express your reasons for having to terminate the relationship to the other person? Why is this beneficial to both partners?

13. How do you break a stalemate in your relationship?

14. How does this Tradition promote confidence in the members of the relationship?

15. We learn in the program that "participation is the key to harmony." How does this relate to Tradition II?